



Frequently Asked Questions for our Packing & Sorting volunteers during the COVID-19 pandemic

Thank you for selflessly volunteering your time to support Feed More's programs! Our ability to reach the growing number of our neighbors who are food insecure simply couldn't happen without *you*. During these uncertain times, we want to reassure you we are doing everything possible to keep you safe and healthy while on our campus.

What is Feed More doing to keep volunteers in the packing area safe?

- First and foremost, Feed More has made extensive adjustments to our entire operation to allow for proper physical distancing and to minimize person-to-person contact. These strategies have been in place for months now and they are working very well.
- We have created a new volunteer assembly line in our Packing & Sorting Center, with volunteer spaces marked off to provide appropriate distancing and lots of space for volunteers to work comfortably.
- We are following physical distancing protocols for staff and volunteers at all times, throughout our campus.
- We continue to emphasize the importance of safe personal hygiene practices to all our staff and volunteers through emails, signage and orientations.
- We have many hand sanitizer stations throughout our facilities and are sanitizing all frequently used surfaces several times each day.

What should I do to minimize my risk of infection while volunteering?

First, please do NOT volunteer if:

- You are sick, have had a fever or feeling unwell or have been near, or cohabitate with someone who is sick.
- You have traveled (domestically, internationally or on cruise) in the last 14 days.
- You are in contact with or cohabitate with anyone who has traveled (domestically, internationally or on cruise) in the last 14 days.

In addition, please:

- Wear a mask or face covering while on our campus and during your volunteer shift at each drop off.
- Be vigilant about following the latest [CDC guidelines](#) to limit infection both during your volunteer function and outside of it.

Do not volunteer at this time if anyone in your household is at a [higher risk](#) of serious illness from COVID-19.

What are the most important safety precautions I can follow while packing boxes?

- Practice [Proper hand hygiene](#) as outlined by the CDC.
- Avoid close contact and practice physical distancing.
- Wear a face covering or mask.

Am I required to wear a face covering or mask at Feed More?

Yes! As of June 1, all employees, volunteers and visitors are **required** to wear a face covering or mask **at all times** whenever they are in a public space on our campus. Public spaces include all volunteer areas, hallways, bathrooms, lunch/break rooms and the lobby.

If you have a medical issue that prevents you from wearing a mask or face covering while at Feed More, please reach out to your volunteer coordinator to discuss options for safely volunteering.

Please follow these important safety measures when wearing your mask or face covering*:

- Wash your hands before putting on your face covering
- Put it over your nose and mouth and secure it under your chin
- Try to fit it snugly against the sides of your face
- Make sure you can breathe easily
- Don't put the covering around your neck or up on your forehead
- Don't touch the face covering, and, if you do, clean your hands

**Source: [CDC](#)*

If you partially or fully remove your single-use mask for any reason during your volunteer shift, please discard and get a new mask.

Learn more about how to [use face coverings](#) from the CDC.

Always, and especially now, our priority is the health, safety and wellbeing of our clients and you our dedicated volunteers. Please feel free to email volunteer@FeedMore.org or call Sudeshna Das-Menezes, Director of Volunteer Services at 804.521.3277 if you have any additional questions or concerns.

Thank you for your ongoing commitment to helping us continue to provide nutritious food to our neighbors in need.