



Frequently Asked Questions for our Community Kitchen volunteers during the COVID-19 pandemic

Thank you for selflessly volunteering your time to support Feed More! Our ability to deliver made-from-scratch meals weekly to as many as 900 homebound neighbors **begins with you.** During these uncertain times, we are doing everything possible to keep you safe and healthy while on our campus.

What is Feed More doing to keep volunteers in the kitchen safe?

- We have split our Community Kitchen staff and volunteers into two separate buildings to adhere to physical distancing and help ensure continuity of our operations.
- We are following physical distancing protocols for staff and volunteers at all times, throughout our campus.
- We continue to emphasize the importance of safe personal hygiene practices to all our staff and volunteers through emails, signage and orientations.
- We have increased the deployment of hand sanitizer stations throughout our facilities and are sanitizing all frequently used surfaces several times each day.
- We continue to maintain the highest professional standards of cleanliness and disinfecting in both our kitchen workspaces.

What should I do to minimize my risk of infection while volunteering?

First, please do NOT volunteer if:

- You are sick, have had a fever or feeling unwell or have been near, or cohabitate with someone who is sick.
- You have traveled (domestically, internationally or on cruise) in the last 14 days.
- You are in contact with or cohabitate with anyone who has traveled (domestically, internationally or on cruise) in the last 14 days.

In addition, please:

- Wear a mask or face covering while on our campus and during your volunteer shift.
- Be vigilant about following the latest [CDC guidelines](#) to limit infection both during your volunteer function and outside of it.

Do not volunteer at this time if anyone in your household is at a [higher risk](#) of serious illness from COVID-19.

What are the most important safety precautions I can follow while in the kitchen?

- Practice [Proper hand hygiene](#) as outlined by the CDC.
- Continue proper use of gloves as required for particular food prep and packaging tasks. If you inadvertently touch your face, remove and dispose of gloves and put on a new pair.
- Avoid close contact and practice physical distancing.
- Wear a face covering or mask.



Am I required to wear a face covering at Feed More?

Yes! As of June 1, all employees, volunteers and visitors are **required** to wear a face covering or mask **at all times** whenever they are in a public space on our campus. Public spaces include all volunteer areas, hallways, bathrooms, lunch/break rooms and the lobby.

If you have a medical issue that prevents you from wearing a mask or face covering while at Feed More, please reach out to your volunteer coordinator to discuss options for safely volunteering.

Please follow these important safety measures when wearing your mask or face covering*:

- Wash your hands before putting on your face covering
- Put it over your nose and mouth and secure it under your chin
- Try to fit it snugly against the sides of your face
- Make sure you can breathe easily
- Don't put the covering around your neck or up on your forehead
- Don't touch the face covering, and, if you do, clean your hands

**Source: [CDC](#)*

If you partially or fully remove your single-use mask for any reason during your volunteer shift, please discard and get a new mask. Learn more about how to [use face coverings](#) from the CDC.

Always, and especially now, our priority is the health, safety and wellbeing of our clients, staff and you, our dedicated volunteers. Please feel free to email volunteer@FeedMore.org or call Volunteer Coordinator – Community Kitchen Madeline Kelsey at (804) 237.8601 if you have any additional questions or concerns.

Thank you for your continued commitment to helping us prepare and package nutritious meals in our Bayard Community Kitchen.