MOST NEEDED ITEMS

FEED MORE IS ALWAYS IN NEED OF THESE ITEMS.

All items should be high fiber, low sugar and low sodium. Please no glass containers of any kind.

PEANUT BUTTER
Creamy or crunchy

LEAN CANNED PROTEIN
Tuna, salmon or chicken in water

CANNED VEGETABLES
Low sodium or no salt added

CANNED FRUITS
In its own juice or water

TOMATO PRODUCTS
Spaghetti sauce or diced tomatoes

BEANS
Canned or dry

WHOLE GRAIN CEREAL
Hot or cold

WHOLE GRAINS
Pasta, brown rice, quinoa

HEALTHY SNACKS
Fruit cups, raisins, granola bars

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