

Thank you for your kindness!

Anything you give is so very much appreciated. And low salt, low sugar is especially needed.
But please no glass containers (they break easily).



Nut Butters



Canned Proteins



Canned Soup and Vegetables



Canned Fruits



Tomato Products



Beans and Lentils (cans or bags)



Cereal
Hot or cold



Pasta, Rice and Whole Grains



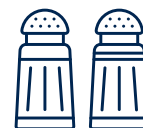
Healthy Snacks, Dried Fruits and Nuts



Condiments



Oils



Spices