

# FEED MORE

Nourishing communities and empowering lives across  
29 counties and 5 cities in Central Virginia.

**35+ Million Pounds**  
of nutritious food distributed in 2023 to our  
neighbors wrestling with food insecurity.

**487,768**

Healthy meals made for  
senior and homebound  
neighbors via our **Meals  
on Wheels** program.



**237,677**

Meals and snacks prepared  
for kids and teens via our  
**School Markets and  
Children's Programs.**



**120,000**

Rural and urban households  
served through Mobile  
Pantry distributions.



**300+**

Frontline distribution  
partners and agencies  
within our **hunger-  
fighting network.**



Source: Feed More Data, Calendar Year 2023

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## Things you might find interesting.



- **Our Bayard Community Kitchen prepares 15,000 meals** each week for our Meals on Wheels and Children's Programs.
- **That's over 13 tons of potatoes a year!**
- **And every delicious, made-from-scratch meal is medically tailored** for our neighbor's specific dietary needs.



- **Our Meals on Wheels program serves 2,000 homebound neighbors each week.**
- **Diet-specific menus** help neighbors better manage their health.
- **Dedicated volunteers, across 100 routes in 16 localities,** deliver nutritious food and a smile each weekday.



- **Freddie, our kids mobile market, distributes 26,000 pounds of kid-friendly food** to our youngest neighbors.
- **Fresh cucumbers, yogurt and cereal** are some of our most popular items!
- In 2023, Freddie served **1,750 kids and teens in need!**



- Our new building will provide **25% more capacity for shelf-stable food storage and 5x the freezer space!**
- Our state-of-the-art Community Kitchen will **double in size.**
- **This space will help us better accommodate large food donations and reduce our storage costs by at least 50%.**



- **Hunger is often invisible,** and can affect **anyone.**
- Most of the neighbors we serve **have jobs and income, just not enough to make ends meet.**
- The need is typically **episodic;** most of our clients visit pantries **only 5 times or fewer per year to get the food they need.**