



**FEED
MORE**SM



**FOOD
BANK**



**COMMUNITY
KITCHEN**



**MEALS
ON WHEELS**

Working together to feed more

Shopping List

Canned Meats / Protein

Tuna

Chicken

Luncheon Meats

Meat Spreads

Peanut Butter

Canned Vegetables

Green Beans

Corn

Leafy Greens

Peas

Mixed Vegetables

Potatoes

Canned Fruits

Peaches

Pears

Fruit Cocktail

Applesauce

Canned Stews & Soups

Chili

Beef Stew

Spaghetti O's

Ravioli

Chicken Noodle Soup

Vegetable Beef Soup

Grains, Boxed Pasta & Sauces

Boxed Cereals

Oatmeal

Macaroni and Cheese

Spaghetti and Spaghetti Sauce

Boxed Rice

Dried Beans