Shopping List

**Canned Meats / Protein**
- Tuna
- Chicken
- Luncheon Meats
- Meat Spreads
- Peanut Butter

**Canned Vegetables**
- Green Beans
- Corn
- Leafy Greens
- Peas
- Mixed Vegetables
- Potatoes

**Canned Stews & Soups**
- Chili
- Beef Stew
- Spaghetti O's
- Ravioli
- Chicken Noodle Soup
- Vegetable Beef Soup

**Grains, Boxed Pasta & Sauces**
- Boxed Cereals
- Oatmeal
- Macaroni and Cheese
- Spaghetti and Spaghetti Sauce
- Boxed Rice
- Dried Beans

**Canned Fruits**
- Peaches
- Pears
- Fruit Cocktail
- Applesauce