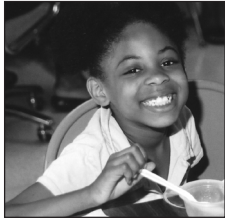


Fighting hunger in our own backyard...



Please Give Food or Funds to Help!

Many children and families face a food shortage at home.

In Central Virginia, many families struggle with hunger, especially during evenings and weekends when children don't have access to healthy school meals. In addition:

- Working-poor parents who must pay for childcare often don't have enough money to feed their families.
- Suddenly unemployed adults or those who've had their hours reduced often don't have adequate funds to meet both food and basic living needs.

We Always Need:

- Canned Meats & Fish
- Peanut Butter
- Canned Vegetables & Fruits
- Spaghetti Sauce
- Hot & Cold Cereals
- Pasta & Rice

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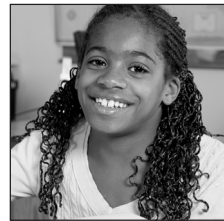
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