

# FeedMore Volunteer Application



FeedMore is the core hunger-relief organization for Central Virginia made up of the Central Virginia Food Bank, Meals on Wheels Serving Central Virginia and the Community Kitchen. Working together to efficiently and effectively fight hunger to enhance lives in our community, the FeedMore programs provide hunger relief to our region's most vulnerable populations, particularly children, families and seniors to.

Please fill out the application so that we may find the best way to utilize your skills and interests. Children under the age of 16 must be accompanied by an adult and are only eligible for certain volunteer positions. Questions, contact the Volunteer Department at 521-3277 or [sdmenezes@feedmore.org](mailto:sdmenezes@feedmore.org). You may also fax the application to 521-2501. Be sure to write "Attn: Volunteer Dept." NOTE: Information provided within this application remains confidential to FeedMore and the staff of FeedMore.

NAME: (Mr./Mrs./Ms.) \_\_\_\_\_

ADDRESS: \_\_\_\_\_  
City \_\_\_\_\_ Zip \_\_\_\_\_

PHONE: (H) \_\_\_\_\_ (W) \_\_\_\_\_ (C) \_\_\_\_\_ E-MAIL \_\_\_\_\_

AGE:  Over 21  Under 21 IF UNDER 21, AGE: \_\_\_\_\_ DATE OF BIRTH: (Month/Day) \_\_\_\_ / \_\_\_\_

## EMERGENCY CONTACT INFORMATION:

Name \_\_\_\_\_ Relationship \_\_\_\_\_

(H) \_\_\_\_\_ (W) \_\_\_\_\_ (C) \_\_\_\_\_

Please list any medical conditions that we should be aware of: \_\_\_\_\_

## EMPLOYER & OCCUPATION (If retired/unemployed, please indicate former employer):

Employer (if employed) \_\_\_\_\_

Unemployed \_\_\_\_\_

Previous Employer (if retired) \_\_\_\_\_

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Are you a student?  Yes  No

If so, where? \_\_\_\_\_

Do you need volunteer hours for school/college credit?  Yes  No

If so, how many hours are needed? \_\_\_\_\_

Have you ever been convicted of a felony or misdemeanor?  Yes  No

If so, please explain? \_\_\_\_\_

Year: \_\_\_\_\_

Do you currently need to provide hours to a law office or the court system?  Yes  No

(If yes, please fill out the following details)

Nature of infraction? \_\_\_\_\_

Year: \_\_\_\_\_

Name of caseworker: \_\_\_\_\_ Phone#: \_\_\_\_\_ Email: \_\_\_\_\_

Or,

Name of lawyer: \_\_\_\_\_ Phone#: \_\_\_\_\_ Email: \_\_\_\_\_

# of hours needed: \_\_\_\_\_

Hours needed by: \_\_\_\_\_

Availability:  Weekdays between 9a.m. – 4p.m.  Weekends between 9a.m. – Noon

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## VOLUNTEER COMMITMENT

*We understand volunteers require flexibility as to how often they are able to volunteer, however we do ask for a minimum commitment of two shifts per month.*

**How long do you expect to be a FeedMore volunteer?**  Long-term (a year or more)  Short-term (a few months)

**How often would you like to volunteer?**  Once a week  Twice a month  Once a month (special events)

**Which days would you like to volunteer?**  Mon  Tues  Wed  Thurs  Fri  \*Weekends

*\*Weekend shifts are available for special events and occasional extra shifts.*

**What time would you like to volunteer?**  Early morning  Morning  Mid-day  Afternoon  \*Evening

*\*Evening shifts are available for special events and occasional extra shifts.*

I am willing to work backup on short notice.  I am willing to volunteer wherever I'm needed the most.

I am willing to drive in the snow or other inclement weather.

## VOLUNTEER POSITIONS

*Please see the job descriptions for additional information about each position.*

### I AM INTERESTED IN THE FOLLOWING VOLUNTEER POSITIONS:

- Meal Preparer & Packer in the Community Kitchen (16+ - for packaging, 18+ for prep)
- Food Sorter & Shelver in the Food Bank Distribution Center (16+)
- BackPack Packer at the Food Bank Distribution Center (16+, 11-15 at special times throughout the year)
- BackPack Delivery Driver throughout our community (21+ with a valid driver's license. Younger volunteers must be accompanied by a parent or adult.)
- MOW Home Delivery Driver (18+ with a valid driver's license. Younger volunteers must be accompanied by a parent or adult.)

#### ***Please choose a location:***

- Metro Richmond  Ashland  Charles City  Chesterfield  Colonial Heights (includes Petersburg & Hopewell)  Goochland/Powhatan  Highland Springs  Louisa
- Mechanicsville  New Kent  South Richmond
- MOW Packer & Loader at the Metro Richmond (Rhoadmiller St.) Site (16+)
- Hunger Hotline Food Referral Helper at the FeedMore offices (21+)
- Administrative/Office Helper at the FeedMore offices (21+)
- Special Event Helper throughout our community (age appropriate events)
- Snack Packing at the Food Bank Distribution Center throughout the year (16+)

Snack Delivery throughout the community (21+ with a valid driver’s license. Younger volunteers must be accompanied by a parent or adult.)

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### VOLUNTEER PREFERENCES

How did you learn about FeedMore’s volunteer program?

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Why do you want to volunteer at FeedMore?

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Please list any experience and/or special skills that you bring to FeedMore:

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Are there any activities you would like to avoid?  Yes  No

If so, please list: \_\_\_\_\_

Are you available for “physical labor” (lifting, moving boxes, tables, chairs, etc.)?  Yes  No

If NOT, please list: \_\_\_\_\_

Do you have any previous volunteer experience?  Yes  No

If so, where and in what capacity? \_\_\_\_\_

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### FEEDMORE IS REQUIRED TO HAVE THE FOLLOWING INFORMATION ON ALL VOLUNTEER DRIVERS:

*\*This only applies to volunteers who will be driving as a part of their volunteer duties, including back-up drivers.*

Do you have a valid Virginia Driver’s License?  Yes  No

Do you have current auto insurance?  Yes  No

Specify Insurance Company \_\_\_\_\_



Agent Name \_\_\_\_\_ Cell Phone # \_\_\_\_\_

## FeedMore Volunteer Application

***For all volunteer positions, please read the following and sign below.***

If the volunteer is under 18 years of age, the signature of a parent or guardian is required.

### **STATEMENT OF LIABILITY**

**FeedMore** is not responsible for personal injuries or property damage suffered or caused by a volunteer in connection with his or her volunteer activities. As a condition to serving as a volunteer, each volunteer is expected to maintain his or her own insurance covering these and other risks.

### **CONFIDENTIALITY STATEMENT**

It is understood that as a volunteer of **FeedMore** you will protect the privacy of all those we serve by maintaining strict confidentiality when discussing meal recipients and the nature of their health conditions. Under no circumstances should a volunteer from **FeedMore** divulge recipient information to anyone outside the organization.

### **CONSENT AND RELEASE**

I hereby authorize **FeedMore**, its affiliates or those acting with its permission to use, reproduce and distribute my name, voice, likeness, photograph and/or any other representation of me in connection with printed materials or other media it distributes, displays, transmits or exhibits.

### **CRIMINAL RECORDS CHECK**

By signing below, I realize that a national criminal records check will be conducted upon submission of this application for all *Back Pack & Meal on Wheels* driver positions and I hereby consent to such a check.

**SIGNATURE OF VOLUNTEER** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**SIGNATURE OF PARENT/GUARDIAN** \_\_\_\_\_ **DATE:** \_\_\_\_\_

Please send completed application & consent forms to:  
Director of Volunteer Services  
FeedMore  
1415 Rhoadmiller Street  
Richmond, VA 23220

